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## I-NEWS

Incarnation Catholic School Newsletter

**"A National Blue Ribbon  
School of Excellence"**

February 2011  
Volume 2, Number 24

### **Incarnation School Mission Statement**

*"Incarnation School provides a spiritually and academically rich environment in which children, their parents, and the school staff are encouraged to follow in the footsteps of Jesus."*

### **Crusader Calendar**

February 2011

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Feb.25 All School Mass Gr. 5

Feb.25 Chess Club

Feb.28 Optimist Meeting

March 2011

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Mar. 1 PTO Skating Party

Mar. 1 DARE

Mar. 1 Young Author's Club

Mar. 2 **Casual Day**

Mar. 2 8th Grade Play- Macbeth

Mar. 3 Book Buddies

Mar. 4 All School Mass Gr.4

Mar. 4 Pizza with the Principal

Mar. 4 Incarnation Fish Fry

Mar. 6 Open House

New Student Registration  
Learning Fair

[2010-2011 School Calendar](#)

### **Principal Reports:**

#### **SELF-CONTROL AND SUCCESS FOR THE FUTURE**

Building positive relationships among students and adults in our community is very complicated and certainly goes beyond punishing bullies\*. Children (or adults!) who can develop self-control or self-discipline at an early age - yes, even in our Early Fives program - will have a greater chance to become successful, happy adults. The results of a longitudinal study (32 years)\*\* surmise that self-control is one of three factors that can predict a successful future, and while the other two, intelligence and socioeconomic status, also provide opportunities for success, self-control is the only area that is learned behavior.

Providing children with responsibilities at home and at school is an excellent technique for developing self-control through self-management. Strategies for improving self-control can be taught and certainly should be modeled by the guiding adults in children's lives. For example, pre-schoolers can learn self-control by practicing waiting for turns or finishing their dinner before receiving dessert. Pre-teens and teens become disciplined when they develop the habit of completing homework before TV, games, or other entertainment. All ages should be given responsibilities for helping at home through picking up after themselves and having the responsibility for some aspect of maintaining their home.

Next week, Mary Pierce, School Counselor, Susan DiGiorgio, Assistant Principal, and I will begin Part II of our series on positive relationships: The Challenges and Rewards of Forgiveness - and just in time for Lent! God's blessings be with you.

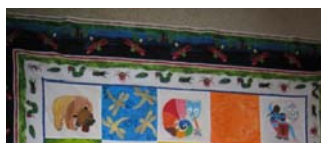
*Cheryl Reichel*

\*See I News Articles from January and February, 2011.

\*\*Proceedings of the National Academy of Sciences, Dr. T. Moffitt, Professor of Psychology, Duke University and King's College, London.  
Web site: [www.npr.org/2011/02/14/](http://www.npr.org/2011/02/14/)

### **Incarnation Students donate Masterpiece to be Auctioned at the Fish Fry!**

### **Crusader Cafe'**



Each year, the Incarnation Muse Club works together to create a special art project for the Fish Fry Silent Auction.



[February Lunch Menu](#)



[March Lunch Menu](#)

### **Character Trait for February Neat**

*Pizza with the Principal will be held on March 4th. Check the morning news to see if your name is selected.*

### **March Character Trait Respectful**

#### **A Series on Bullying**

I-news has been running for the past three weeks a series on Bullying. It has come to our attention that some families were unable to see the past few submissions. They will be linked here for your convenience and for reiteration of the importance to Incarnation School of this current topic. The attachments below contain these past articles.

[Week 1- From the Principal Scenerios and Definitions](#)

[Week 2- From the Counselor Stop Bullying Now Website](#)

[Week 3- From the Assistant Principal Discussion Scenerios](#)

[Week 4- From the Principal Discussion](#)

### **Parent Volunteers**

This is our way of saying "Thank you" to the Incarnation PTO for their generous funding of the Muse Machine performances for grades 6, 7, and 8. The Muse Club is made up of students who have a special interest in the visual and performing arts and gives them an opportunity to participate in activities beyond the scope of the regular school day. This year, the Muse Club students have created a hand-painted quilt that would be a perfect addition to any young child's room. If you are coming to the Fish Fry, check out our quilt and place your bid for this one of a kind work of art!

### **Cosi: Incredible Human Machines**



3rd, 4th, and 5th grade students had the opportunity to participate in the COSI on Wheels presentation of Incredible Human Machines. Students were entertained through hands on interaction allowing them to explore the brain, discover nutrients, and examine the difference between cardiovascular and resistance training.

Activities involving heart rate, nervous system, food intake, and digestion were just a few to round out the day. COSI presented this program to the children in a fun and interactive manner. Thanks so much to the PTO for making this possible and to the many volunteers that helped to bring the science of our human body to these children.

Click to view video of the day.

[2011 COSI on Wheels Visits Incarnation](#)

### **New Trophy Cases Line Hall of Incarnation**



The new trophy cases have arrived and are now filled. Trophies representing numerous CYO activities as well as our DI teams are being displayed in the cases. One case is being utilized to show off the Pinewood Derby cars that were entered into the annual Boy Scout Pinewood Derby races last weekend. A special thank you to the PTO and Mrs.

Bishop, the CYO program and Mr. Petrosino, and the Incarnation Boy Scout troops and Mr. Buerschen for your generous donations that helped to defray the cost of the display cases.

### **Two Junior High Students Take a Chance: Optimist International Club Essay Contest**

As the English teacher, several essay contests come my way every year and I enthusiastically announce those opportunities to the

## ***WE NEED YOU!***

The Incarnation Cafeteria and Playground are in need of a few more volunteers. This is a great opportunity to see your children interacting with their peers. The commitment isn't huge and the schedule is always posted. Please consider volunteering. Contact : Assistant Principal, [Susan DiGiorgio](#) with questions and to be added to the schedule.

[Cafeteria Volunteer Schedule](#)  
[Playground Volunteer Schedule](#)

## ***Incarnation Parent Satisfaction Survey***

A link to the Parent Satisfaction Survey was sent through School News this past week. If you haven't had a chance to take the survey you can also link to it through Edline and the link attached below. Thanks for your time and effort in making Incarnation School such a success. The survey will close on March 14th.

[Parent Satisfaction Survey 2011](#)

***Incarnation Fish Fry:***  
*Mark your calendars for Friday, March 4th.*

Fish Fry information was sent home last week. Order forms were included in the information. Pre-ordered tickets are being sold now. Please turn your order forms into the school office or parish office.

[Ticket order Form](#)

## ***Incarnation Nutrition Fair***

Incarnation School will host a Nutrition Fair for students in grades Pre-K through third grade on Monday, March 21<sup>st</sup>. This will be held in the Parish Center Lobby. We are looking for volunteers to help that day from 9:00-2:00.

students in the classroom for several reasons. First, practice makes perfect and that adage applies to writing also. If a student likes to write, he or she needs feedback, and I'm by no means the end-all opinion. Secondly, the student receives additional recognition thus encouragement, and scholarship money is often attached as an incentive. So I can't stress enough how beneficial it is for a student to participate.

I would like to announce that two students recently entered the Optimist International Club Essay Contest and both were recognized with certificates for outstanding essays. Seventh grader Nour Yacoub and eighth grader Gwen Zwirko analyzed and addressed the prompt "How my education is the key to a successful future". Along with receiving a medallion, Gwen also was chosen to be South Dayton Metro's winner/representative and she will be moving on to the next level of competition which brings her closer to some prize money.

As promised, I have attached several more essays/speeches which express junior high students' viewpoints on the topic "If I were leader of the free world, the first issue I would address would be..." Note the topics of interests explored by the following students: 8<sup>th</sup> graders - Abby Hecht and Michael Marsh, and 7<sup>th</sup> grader - Mason Elder! What healthy and active minds our students have!  
 - Mrs. Paprocki, English teacher

## [Student Optimist Speech Contributions](#)

## ***3rd & 4th Grade Orchestra Intensive Offered***



Hurrah for violins! This school year, Incarnation has begun to develop an Orchestra. For the 2011-2012 school year, we will be expanding Incarnation's Orchestra program to include fourth grade students as well as the fifth and sixth grades.

During the three-week period, beginning March 21 and ending on April 12, interested students will be given the opportunity to participate in an Orchestra Intensive program that will provide them with the basic elements of playing violins. The Orchestra Intensive program will allow

students and their parents to consider the possibilities for playing a stringed instrument. While the intensive program will only offer violins, students will have the choice of playing violin, viola, cello, or string bass during the 2011-2012 school year.

**There is a \$25 fee to participate in the 2011 Orchestra Intensive.** This fee covers instrument rental and class materials from March 21, 2011 through April 12, 2011. **To be sure that we have ordered enough violins from McCutcheon Music, we will need the fees returned to the school by Friday, March 11, 2011.** Please make checks payable to "Incarnation School."

For more information and to download all forms for this program please click below.

[Orchestra Intensive](#)

This is a wonderful opportunity to volunteer at school and be part of your child's learning experience. Please contact [Mrs. DiGiorgio](#) at if you are able to help.

### Archbishop Alter High School

#### Announcements

Click the links below to check them out.

[Alter Lance Newsletter](#)

#### Alter Lancerette Information

**Incoming Freshman Girls**  
Please note the following!  
Click the links below for the entire document

#### Morning with the Lancerettes

**Saturday April 9, 2011**  
Registration due  
3/19/11

[Lancerette Dance Team Tryouts](#)  
May 16th-20th, 2011

#### Alter Band Announcements

ALTER  
MARCHING KNIGHT  
2011 Auditions

**7th, 8th grade and 9th-12th grade New Member auditions:**

April 7, 4:30-6:30.

Please contact Mr. Tucker to schedule your 10 minute audition time.

**New Color Guard member** clinics and auditions:

May 16-18, 5:30-7:30

Contact Color Guard Director, Amanda Nothstine for more details: 937-901-5045 or email [Amanda Nothstine](#)

**Percussionists** clinics and auditions: May 16,17 & 19

## Check me out! I'm Lucky the Fish Fry Puppy



#### Puppy Points

- Beautiful male goldendoodle
- 7 weeks old
- mom is a small standard white poodle
- dad is a dark golden retriever
- hypo-allergenic
- low to non shedding

He will be at school Tuesday, March 1st. in the morning before school

and as the kids are coming in, Thursday, March 3rd, at lunch, and again Friday, March 4th. in the morning. This beautiful puppy will be auctioned off Friday evening at the Fish Fry.

If you have questions please call Kate Norman 432-1254 or Angie Mahoney 350-7002

## Incarnation Fish Fry : Volunteer Message

Dear Parents,

I want to thank those who have already signed up to help volunteer for the Fish Fry. I really appreciate your support. Second, I want to apologize to others that have tried to sign up, but have not heard back from me. Our home computer has crashed 2 times during this process and I believe I have not seen all the emails that were sent. If you feel that this is you, please contact me right away at 937-901-7077. I have replied to all requests that I have received, but have heard from only a few that they did not get my reply.

Those who I do have down will be receiving a call over the next week to remind them of their shift from either your chair or myself personally.

We only have a few more slots to fill and really need your help. So if you are interested in any of the slots below, please call me directly on my cell phone at 937-901-7077. We can really use your help.

[Admissions 8:45-10:00](#)

[Food Line 6:45-8:45 \\*\\*\\*Most Critical and fun area to work.\\*\\*\\*](#)  
[8:45-10:30](#)

[Table Cleaners 9:00-10:30](#)

I so appreciate your help in making the 2011 Fish Fry a success.

Jill Brodbeck  
Volunteer Chair  
937-901-7077

3:30-5:00

[Alter Band Packet Information](#)

### Incarnation Spiritwear



Check out the new tie-dye spirit wear t-shirt! This t-shirt can be worn on casual day at school or around town to show off your child's school pride. T-shirts are \$15 and are available for ordering through our PTO Web Store at: [Spiritwear T-shirt link](#)

### NWC Soccer Information

Registration for "Alliance Jrs." Recreation Soccer Program is going on through Feb. 28. The program's goal is to introduce children ages 3-7 to the world's most popular game in a fun, non-competitive environment. If you are interested in this program [click here](#)

### Links to Previous Videos

[Special Guest Bingo - Morning Session](#)

[Special Guest Bingo Afternoon Session](#)

[Valentines Day Parties Videos](#)

### Quick Links...

[Incarnation School Edline](#)  
[Incarnation Parish After School Care Info](#)

## Horse Races at the Fish Fry: Be an Owner!

Incarnation is adding a fun event to our annual Fish Fry this year. Seven horse races will be shown on a huge screen in the Parish Center gym throughout the evening. Attendees that night will have the opportunity to place \$2 bets to pick the winning horse in each race. Payout will be based on computed odds for the respective race. Each race will feature 10 horses that need a name. Please join with your fellow class parents and parishioners on a first come, first served basis to sponsor and name your own horse.

[Derby Horse Racing Sponsorship Information](#)

## Yearbook Order Forms Due!

Yearbook order forms have been distributed to students at Incarnation School. Forms are due March 4, 2011.

## Mission News: March is for the Missions: We need your contributions and help!



We are getting ready for our annual White Elephant sale to help the Missions that we support. This is a great time to clean your closets, your basement, and all cluttered places. We could use jewelry, board games, puzzles, unused craft kits, videos, CDs, books, and other things you no longer

need or want. Please keep your items appropriate for ages 5-14. The big sale will be on Tuesday, March 29. All items should be sent into school and labeled "White Elephant." Thank you for helping with this fun and worthy Mission project.

A Message from Grahn, Kentucky- [click here](#)

White Elephant Sale Flyer and Suggested Donations

## Schrove Tuesday/ Mardi Gras Celebration



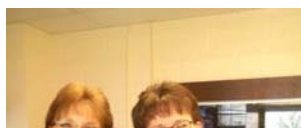
**Tuesday, March 8, 2011  
6:30 PM.**

We will begin by having a short evening prayer service in church, followed by a ceremony to burn last year's blessed palms. Then we'll all go to the multi-purpose room for a Mardi Gras Party!

For more information, or to volunteer, please call Paula Dunham, 885-5440, or [pdunham@woh.rr.com](mailto:pdunham@woh.rr.com).

[Shrove Tuesday Flyer](#)

## Baby Bottles for St. Elizabeth's New Life Center



The baby bottles were filled and we can thank our many volunteers for counting all of the donations. Mrs. Lohbeck and Mrs. Schindler were two of our counters

[Donation form for school beautification project](#)

and bottle handlers. Donations this year came to a total of \$914.26. This was a huge increase from last year. Thanks to everyone that donated and helped out this wonderful cause.

**Penny Wars and the Silver Rush**



**PENNY WARS**  
Grades 5, 6, 7, & 8  
Week of March  
21st - 25th



**SILVER RUSH**  
Grades E-5, K, 1, 2, 3, & 4  
Week of March 14<sup>th</sup>-18<sup>th</sup>

[Forward email](#)



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