

For those with food allergies:  
We cannot guarantee our food  
does not contain potential  
allergies not listed on the food  
labels, or made in a peanut  
facility. If you have allergies,  
please call 433-1051  
\*\*Menu subject to change\*\*



# January 2012

## The Crusader Café

Optional Daily Choices:  
Chicken Pattie/Bun, PB& J  
Uncrustables  
Additional Lunch Choices  
For Upper Grades:  
Boxed Salad or Pizza



### Breakfast

Mon. - Breakfast Round  
Pear Cups  
Milk

Tues. - Waffles  
Apple Slices  
Milk

Wed. - Yogurt  
Super Donut  
Milk

Thurs. - Apple Granola Bar  
Orange Juice  
Milk

Fri. - Sun Butter Cups  
Scooby Do Graham  
Sticks  
Applesauce Cups  
Milk

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

2 NO SCHOOL	3 Chicken Nuggets Tator Tots Fruit Choice Milk	4 Corn Dog Corn Sliced Peaches Milk	5 Baked Potato Chili/Cheese Broccoli Fruit Choice Roll & Milk	6 Texas Cheese Toast Veggie/Dip Fruit Choice Milk
9 Chicken Fingers Rice Pilaf Green Beans Strawberry Banana Applesauce Cups Milk	10 Tortilla Chips Meat & Cheese Cup Shredded Lettuce Fruit Choice Milk	11 Hot Dog On Bun Baked Beans Pineapple Milk	12 Egg Pattie Strawberry Banana French Toast Tator Tots Fruit Choice Milk	13 Flatbread Pizza Tossed Salad Fruit Choice Milk
16 NO SCHOOL	17 Oven Baked Chicken Mashed Potatoes Fruit Choice Roll Milk	18 Hamburger On Bun Fries Sliced Peaches Fluff Milk	19 Spaghetti W/Meatballs Tossed Salad Fruit Choice Milk	20 Big Daddy Pizza Veggies Pear Cup Milk
23 Chinese New Year Tangerine Chicken Rice Broccoli Fruit Choice Milk	24 Grilled Cheese Tomato Soup Carrots Applesauce Cup Milk	25 Bosco Sticks W/Sauce Green Beans Fruit Choice Milk	26 Soft Taco Meat/Cheese Corn Fruit Choice Jello Milk	27 Stuff Crust Pizza Tossed Salad Sliced Peaches Milk
30 Chicken Poppers Broccoli Fruit Choice Texas Toast Milk	31 Hamburger On Bun Tator Tots Fruit Choice Milk			

Please visit our school website to view cafeteria  
information at :  
[www.stalbertnutritionservices.com](http://www.stalbertnutritionservices.com)  
Menu, Nutrition Nuggets, view your child's  
account, or to make a debit/credit card payment  
for Lunch or Breakfast.

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*This bright new year is given me, To live each day with zest..... To daily grow and try to be, My highest and my best !!!!*